

bambini

Happy New Year to all our Bambini families! A new year is upon us and we're so excited to see what 2022 will bring.

breathe

It's time to reset and breathe! The holiday season can often leave us feeling overwhelmed and tired. Use the month of January to practice mindful breathing.

Deep, full breaths can improve your sleep, help your focus, aid in digestion, improve your immunity response, and reduce stress. So take a moment every day to breathe... you deserve it!



play



Play is a crucial part of the Bambini experience. As Fred Rogers once said, "Play is often talked about as if it were a relief from serious learning. But for children play is serious learning."

Play is really the work of childhood." Our Bambini care experts develop stimulating opportunities for children to play. We try to capture some of their explorations and interactions in HiMama for families to read and enjoy.

We invite you to look at our documentation panels and browse through the learning stories in our documentation binders. These materials will give you deeper insights into the learning your child is doing while at Bambini.

thank you

Thank you to everyone who attended the "Children's Week Art Gala". Your support and purchases throughout the event made a huge impact!

During the week-long event, we raised \$650 between both centres for the "Save the Children" charity. Way to go Bambini families!





subsidy

We would like to remind you that if your family makes under \$180,000 per year, you are eligible for an additional subsidy to further reduce your child care costs. The online child care subsidy application can be found on the Government of Alberta website: <https://applychildcaresubsidy.alberta.ca>

granville happenings

Here's what's happening around the centre during the month of January.

Parent Muffin Morning on Wednesday, January 19, 2022

All other daycare and out-of-school care activities will take place on a day-to-day basis depending on the children's interests. We will keep you updated.



a note from the director

Happy 2022! It is great to be back! As we have had a rough start to the year with the spread of COVID-19, we would like to remind all families and ask that anyone who has any symptoms of a cold or flu, please do not enter the facility or send their child to daycare. We remind you to do daily health checks on your child and yourself in order to ensure that we are doing what's best for the children, families, and staff at Bambini.

Jaye