

# bambini

Reclaiming childhood, one family at a time.

## STARTING MORNINGS RIGHT

From the minute we wake up to when we step out of the house, mornings can be seen as a “go go go” kind of environment. As parents, we want to make sure we are setting our children up for a positive day. The best way to do so is by taking a minute to slow down, and prepare a balanced breakfast for ourselves and our children. A balanced breakfast can be as simple as whole wheat toast, peanut butter with banana slices and a glass of milk. Ideas such as these are quick, easy and can be made “to go”



Alberta Health Services has a fantastic handout called, “Wake up to Breakfast Every Day” with information about ways to make mornings easy along with breakfast ideas. Copies of this handout is available in our Parent Resource Centre located in the foyer; or let a manager know and they can provide a copy as well.

## JANUARY UPCOMING EVENTS & IMPORTANT DATES

**Hampton Bambini Open Houses** → We will be hosting Open Houses on January 4<sup>th</sup> from 10 am to 1 pm, January 25<sup>th</sup> from 10 am to 1 pm and January 29 from 5 pm to 6 pm. We are currently accepting registration for our Granville location. If you have any family or friends interested in learning more about our Bambini program, let them know of the dates!

**Centre Closure** → Jan 1<sup>st</sup>: Bambini is closed for New Year’s day.

**Bambini Family Play Night** → Jan 8, from 6 pm to 7:15 pm @ Hampton Bambini: come spend time playing with your child/ren at the centre in a relaxed and fun atmosphere. More information will be emailed closer to the date, Bambini Families Only.

**Parent Board Meeting** → Join us for our Hampton Bambini Parent Board Meeting on Monday, Jan 27, from 5 pm to 6 pm @ Waves Coffee House: You are welcome to discuss any ideas, suggestions or concerns for our early learning and out of school care program. Bambini Families Only.

**Bambini Muffin Morning** → Jan 31 from 7 am to 9 am @ Hampton Bambini: Feel free to take a minute to sit with your child/ren in their classroom as you enjoy our homemade muffins and coffee, or help yourself to one on your way to work. What a great way to start the day! Bambini Families Only.

## MINISTER'S AWARDS OF EXCELLENCE IN CHILD DEVELOPMENT

On December 9, 2019, Chesell, Loredana and Anevic received the prestigious Minister's Awards of Excellence in Child development. They were nominated as a Team in the category of Collaborative Practises & inclusive Practices – and won the award for that category! Congratulations Ladies! We are so proud of the award recipients and our entire Bambini team for being leaders in the child care industry!



## CHILD NUTRITION & MEAL TIME CHALLENGES

On December 4, Paediatric Dietician, Mary Ann McMaster, presented a “picky eaters” workshop that provided insight on overcoming challenges when it comes to meal times. Thank you to all of our parents who had attended and a special thank you to Mary Ann for offering a fantastic & informative workshop to our families!

## BAMBINI LIGHTS FESTIVAL

Our 2<sup>nd</sup> annual Bambini lights festival was a huge success with special thanks to all of our families and friends for the help and support towards this event. Our families had donated a tremendous amount of warm clothing to go towards YESS along with lights so we were able to turn our play yard into something special for our children. We had a good turnout of families joining us as sugar cookies were decorated, warm hot chocolates were sipped and a stroll around our magical play yard covered in lights. What a fantastic way to end our year filled with warmth, happiness and laughter!



## TAX RECEIPTS

Krissia, our Centre Director, is currently preparing tax receipts for 2019. These will be emailed out to our families as soon as they are done.